

Natural Resources Camp Information, Rules, and Conduct

Dates and Location: The 2011 Natural Resources Camp is June 27 through July 2 at the Central Idaho 4-H Camp approximately 18 miles north of Ketchum. On Highway 75 near mile marker #146 look for the "4-H Camp" sign and mailbox. If coming from the south, turn left off of Highway 75 and take the gravel road 1.2 miles to the camp parking lot.

Arrival: Have youth at the camp's parking lot **between 12:30 p.m. and 1:30 p.m. on Monday June 27. Please do not arrive prior to 12:30 p.m. as camp supervision is preparing for registration. Please also note that the first camp program requiring youth attendance begins at 1:30 p.m.** NRC staff and Cabin Leaders will be in the camp's parking lot to greet you, assign campers to cabins, and direct registration procedures. Note: expect traffic delays through Bellevue, Hailey, and Ketchum if you are coming to camp from the south on Highway 75. Please arrive at camp with your children within the designated hour! **Transportation to and from camp is the parent/guardian's responsibility.**

Departure/Pick-Up: Parents are encouraged to be present for the awards ceremony and slide show at **9:00 a.m. on Saturday July 2.** Please be at camp by **10:30 a.m.** to get your camper(s). Camp staff will be departing at that time.

Restrictions: The NRC is for youth 12-14 years of age. (Must be 12, 13, or 14 years of age on the first day of camp)

Cabin assignments: Cabin assignments are made by staff and will not be changed. Every day and throughout the week campers will have plenty of opportunities to associate with all other campers not assigned to their cabin.

Phone: **Youth do not have access to telephones unless an emergency arises.** One telephone (land line) exists at camp and belongs to the Central Idaho 4-H Camp. It is a private line for use by the camp staff only. In an emergency, youth can use this phone but will need a calling card to call out. Cell phones do not function at camp. The camp phone number is (208) 726-4519. Ask for NRC Director - Amber Moore. Messages can be left on the answering machine. Cell phones brought by campers will be held by camp staff until the end of camp.

What to Bring: The Central Idaho 4-H Camp is at 7,000 feet elevation. The cabins are not heated, and nights usually go below freezing temperatures. Afternoon activities can be in cold or hot conditions. Bring warm sleeping bag(s), a pillow, knit hats for sleeping, several changes of clothing for cold and hot temperatures, personal articles, shower shoes, 2 pairs of sturdy shoes broke-in for blister prevention, a flashlight, bug repellent, canteen or water bottle, sunscreen, and daypack. A blanket, alarm clock, fishing pole and license, camera, charged batteries, film/memory cards, acoustical musical instruments, and journal or address book may also be brought.

What NOT to bring: Cell phones, firearms, fireworks, knives, illegal substances, non-prescription medications, stereos and radios.

Camp Rules of Conduct and Responsibilities: Following these rules will ensure that you and everyone else will have a safe and enjoyable camp experience.

1. Items from the "What NOT to bring" list brought to camp or any item deemed necessary by camp staff will be confiscated and returned to the camper upon departure. Campers are responsible for lost or stolen items.
2. Campers and Cabin Leaders will stay within the camp boundaries, except for scheduled off-site camp activities.
3. **DO NOT** build fires in any area.
4. Campers are responsible keeping the cabin clean. Campers are responsible for lost or stolen items.
5. Campers and cabin leaders need to be in their cabins at 10:00 pm, with lights out and quiet at 10:30 pm.
6. Campers are to be at activities on time. Campers will participate in all scheduled activities. All campers are to stay with their class or activity until dismissed. Rudeness, disrespect, and interruptions during camp will not be tolerated.
7. Make showers short and use a minimum of hot water. Please clean up after yourself in the shower house. Campers misusing shower facilities will be responsible for cleanup.
8. Treat wildlife, plants, and facilities with respect. No carving on trees, throwing rocks, harassing wildlife, or defacing the facilities. If you **BREAK IT OR DEFACE IT, YOU** pay for it or **REPLACE IT**. Stay in defined walk-ways on camp premises.
9. Crosscut saws and other tools may be used only with permission and adult supervision during the Tournament of the Outdoors.

NOTICE - PARENTS & APPLICANTS: Please read this page while filling out the application, read it again while getting ready for camp, and have the camp participant bring this page to camp. Complete all signatures. Visit the NRC website at <http://extension.ag.uidaho.edu/nrc>

If the camper has had any of the following conditions one week prior to camp, or has been exposed to a communicable disease two weeks prior to camp, please send a signed note with the camper to camp.
Sore throat _____ Head cold _____ Chest cold _____ Diarrhea _____ Disease name _____

List medications: All prescription medications brought to camp must be clearly labeled, with explicit instructions, and brought to the attention of the camp Paramedic/Nurse at registration. Please send a note if camper needs help taking any prescription medications. After check-in campers will be able to keep on their possession rescue inhalers, epi-pens, etc.

NON-PRESCRIPTION MEDICATIONS: NRC keeps over-the-counter medications stocked for campers who may need them. Please check those medications that your child **may not take/use** if needed. All non-prescription medications will be dispersed by the camp Paramedic/Nurse:

- | | |
|--|---|
| <input type="checkbox"/> Acetaminophen (Tylenol) | <input type="checkbox"/> Calamine lotion |
| <input type="checkbox"/> Ibuprofen (Advil, Motrin) | <input type="checkbox"/> Pepto Bismol |
| <input type="checkbox"/> Sudafed | <input type="checkbox"/> Kaopectate (for mild Diarrhea) |
| <input type="checkbox"/> Benadryl | <input type="checkbox"/> Hydrocortisone Cream |
| <input type="checkbox"/> Cough Drops | <input type="checkbox"/> Antibiotic Cream (Neosporin) |
| <input type="checkbox"/> Sore throat spray | <input type="checkbox"/> Aloe (sunburn cream) |
| <input type="checkbox"/> Antacid (Tums, Rolaids) | |

I/We give permission for Natural Resources Camp staff to obtain medical assistance for the above named camper if necessary. I/We will assume financial responsibility for medical assistance. In a medical emergency, I/we by signature below give permission to the physician(s) selected by the NRC Director(s) to hospitalize and secure proper treatment including injections, anesthesia, or surgery for my child as named above. Parents/guardians will be contacted as soon as possible.

Parent or Guardian Signature

Date

2011 NRC Photo Release Form

University of Idaho Extension-Twin Falls
Natural Resources Camp
PO Box 1827
Twin Falls, Idaho 83303-1827

Permission to Use Photograph

Name of Parent: _____

Name of Camper: _____

I grant to the **Natural Resources Camp**, its representatives and employees the right to take photographs of me and my property in connection with the above-identified subject. I authorize the **Natural Resources Camp**, its assigns and transferees to copyright, use and publish the same in print and/or electronically.

I agree that the **Natural Resources Camp** may use such photographs of my child with or without my child's name and for any lawful purpose, including for example, such purposes as publicity, illustration, advertising and Web content.

I have read and understand the above:

Signature, parent OR guardian _____
(If under age 18)

Printed name: _____

Address: _____

Date: _____